



Good morning,


As you may already know, the CDC has discontinued its previous guidance of 5 day isolation for Covid-19. The new recommendations simplify procedures for all respiratory illnesses, including Covid-19. These updated recommendations state that students and staff who are experiencing any type of respiratory illness, including testing positive for Covid-19, remain home **until fever free for 24 hours as well as have improving symptoms**. Please reach out to your school nurse (students) or human resources (staff) for any questions.


Respiratory Virus Guidance Snapshot


**CORE STRATEGIES**


Core prevention strategies


Immunizations


Hygiene



Steps for Cleaner Air



Treatment



Stay Home and Prevent Spread*


**ADDITIONAL STRATEGIES**

Additional prevention strategies

Masks



Distancing


Tests



Layering prevention strategies can be especially helpful when:


- ✓ Respiratory viruses are causing a lot of illness in your community
- ✓ You or those around you have risk factors for severe illness
- ✓ You or those around you were recently exposed, are sick, or are recovering

***Stay home and away from others until, for 24 hours BOTH:**


Your symptoms are getting better

+


You are fever-free (without meds)

 **Then take added precaution for the next 5 days**